

All About Cook Stars Stroud and West Gloucester

We are looking forward to meeting you when you come to Cook Stars. Below is some more information about us and what we do so you can have a better idea of what Cook Stars will look like on the day.

Who are we?

You will meet some of these adults when you come along:



Where are we?

We use different locations in your local community for our activities.

Accessibility Information

All our venues have ramp access, disabled toilets and quiet space if needed.

What will we be doing?

Below is an outline of what our day will look like:

Time	Activity
10.30	Welcome, hands wash and apron on
10.40	Prepare our first recipe
11.00	Break and snack
11.10	Arts and crafts
11.20	Prepare our second recipe
11.45	Break and lunch
12.00	Finish off lunch, arts and crafts and decorate our dishes

If we have to change anything, we will let you know at the start of the day.

If you still have any questions about the activity, you can contact us by using the details below:

Email: Claire@cookstars.co.uk

Telephone: 07947906246

If you have any questions or worries during the day, Claire or Amy will be there to help you.

Now you know who we are we would love to get to know you better. If you would find it helpful, you can fill out the 'All About Me' form in the link below. This will let us know how best to welcome you on the day:

<http://forms.gloucestershire.gov.uk/AllAboutMe>

We look forward to meeting you in person and having fun!